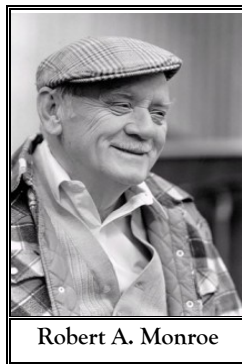


ROBERT A MONROE FOUNDER OF THE MONROE INSTITUTE

Bob Monroe's firm was conducting research on "the feasibility of learning during sleep." In 1958 while using himself as a test subject, Bob began to experience states of consciousness in which he felt himself separating from his physical body. Bob wanted to find answers, explanations and control of the "out of body" experiences that were happening to him. He first consulted the medical profession for physical examinations and then an EEG to search for a physical ailment, where none could be found. Then on the advice of a Psychologist friend Dr Bradshaw, his search led him to Eastern religions and ultimately to conducting his own exploring and experimenting.



Robert A. Monroe